

Designated Family/Support Persons and Visitor Guidelines and Responsibilities

The Brenda Strafford Foundation is pleased to welcome designated family/support persons and visitors in accordance with our *Safe Visiting Practices* for the protection of all residents, families, visitors and staff.

- All designated family/support persons and visitors must adhere to these *Safe Visiting Practices* and The Foundation's related *Safe Visiting Policy*
- Entry may be refused if there is reason to believe an individual is not abiding by these practices and their visitor responsibilities

Indoor Visits:

- All visits must be scheduled with the site (standing schedule is recommended)
- It is critical that active *Health Assessment Screening* is completed at entry, is answered completely and accurately, and anyone with symptoms or recent known exposure to COVID-19 not enter the site at all
- Wash your hands often with soap and water or use an alcohol-based sanitizer (60% alcohol or greater)
- Always wear a provided mask when you are in the common spaces of the Manors
 - You may only remove your mask if you are able to maintain 6 feet distance when you are in a resident's private room
 - If a staff member comes into the room during your visit and you are no longer wearing a mask, you are required to put your mask back on
- Follow directions from staff on the most direct way to your visiting space, only stop or visit in the resident's private room or designated visiting space, and do not stop, visit or use any common spaces
- Do not visit with other residents and ensure you maintain physical distance from all other residents, staff and visitors to the greatest extent possible
- If engaging in safe physical touch with the resident, ensure you wash your hands or use hand sanitizer before and after, and are wearing a mask throughout (see BSF *Safe Visiting Policy* Safe Physical Touch)
- Follow all directions from staff on Safe Visiting practices and procedures
- It is recommended visitors voluntarily get asymptomatic testing for COVID-19 (visit www.ahs.ca/covid or phone AHS Health Link 811)

Outdoor Visits:

- All visits must be scheduled with the site
- You will no longer be required to be screened onsite when physical distance is maintained, but please complete the self-assessment (provided by email or online at theBSF.ca/covid19) before coming to your visit
- Masks are no longer mandatory when physical distance is maintained, however we strongly recommend you still wear a mask
- Ensure you maintain 6 feet distance from the resident you are visiting (no physical touch permitted)
- Outdoor Visitors are required to remain outdoors at all times
- Outdoor Visits must remain within the designated/shared Outdoor Visit area (Community Walks beyond the property are not permitted)
- One animal is permitted during outdoor visits
- Food is permitted for consumption during outdoor visits (no exchange of other items/gifts)

Recommended Videos:

Please watch the following videos on hand hygiene and personal protective equipment (PPE):

- [Hand Washing](#) (YouTube Video)
- [Vaunch Mask Donning & Doffing](#) (YouTube Video)

Risk of Unknown Exposure to COVID-19:

- It is important for all persons to understand their risk of unknown exposure to COVID-19, based on their behaviour in the last 14 days, prior to entering the site and modify their behaviour accordingly.
- While individuals do not need to disclose their assessed risk of unknown exposure to the site, they must ensure the resident or alternate decision maker is aware of it, and behave accordingly.

Risk of Unknown Exposure Assessment Guidance:

Low Risk	Medium Risk	High Risk
<p>To be considered at low risk of unknown exposure, all the following conditions must be met:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Does not work or live in an area of high COVID-19 exposure (refer to Alberta Health risk designation of region*) <input type="checkbox"/> Works from home <input type="checkbox"/> Part of a small cohort (15 or less) who consistently practices physical distancing and masks when cannot maintain distance <input type="checkbox"/> Not have had guests at home in the past 14 days <input type="checkbox"/> Visits resident(s) in one site in a day <input type="checkbox"/> Makes essential outings only <input type="checkbox"/> Uses own vehicle <input type="checkbox"/> Consistently maintains 2 metres of distance from those outside household in all activities <input type="checkbox"/> Mask worn when cannot maintain physical distancing <input type="checkbox"/> Consistent hand hygiene <input type="checkbox"/> No interprovincial travel within the last 14 days 	<p><i>There will be many variations that arise between the extremes of high and low risk of unknown exposure</i></p> <p><i>Individuals must use their best judgement to determine risk of unknown exposure where neither low nor high is appropriate.</i></p>	<p>To be considered at high risk of unknown exposure, any one or more of the following may be met:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Works or lives in an area of high COVID- 19 exposure (refer to Alberta Health risk designation of region*) <input type="checkbox"/> Works outside home in settings where distancing is not consistently maintained and masking is not consistently used <input type="checkbox"/> Worked at or visited a location with a declared COVID-19 outbreak in last 14 days <input type="checkbox"/> Part of a large cohort (more than 15) <input type="checkbox"/> Cohort inconsistently practices physical distancing and use of masks when cannot maintain distance <input type="checkbox"/> Have had guests in home in last 14 days <input type="checkbox"/> Visits resident(s) in multiple sites in one day <input type="checkbox"/> Outings where contact with others outside household is likely <input type="checkbox"/> Use of public transit or carpooling where distancing is not consistently maintained and masking is not consistently used <input type="checkbox"/> Does not maintain physical distancing and does not wear a mask <input type="checkbox"/> Infrequent or inconsistent hand hygiene <input type="checkbox"/> Interprovincial travel within the past 14 days

*Refer to Alberta Health risk designation of region www.alberta.ca/maps/covid-19-status-map.htm