

COMMUNITY WALKS

- Designated Family/Support Persons (DFSP) may support residents to spend time outdoors including accompanying residents on Community Walks beyond the property
- Community Walks are only permitted with the DFSP (Community Walks are not permitted with outdoor visitors or any other visitors)
- Residents who are able to go on a Community Walk independently and unaccompanied by a DFSP will be enabled to do so
- DFSP and residents must not meet-up and visit or socialize with other family members or others when out on a Community Walk and must maintain 6 ft. physical distance from all other persons encountered to the greatest extent possible

Health Assessment Screening

- All residents must pass the Health Assessment Screening including having their temperature taken upon re-entry to the site after leaving the premises on a Community Walk
- Isolation precautions may be required based on risk assessment by the Director of Nursing or Administrator on a case-by-case basis

Compliance

- Community Walks do not require Administrator approval or a waiver
- Residents and visitors must follow all BSF Safe Visiting practices and instructions given by staff
- Entry may be refused, visitors asked to leave, visitation privileges restricted and/or isolation precautions for residents enacted if there is reason to believe a person is not following Safe Visiting responsibilities during Community Walks

Visit Schedule

- Community Walks may take place at any time within the DFSP scheduled visitation
- DFSP are expected to accompany the resident from their room if they require support leaving the building, therefore Community Walks must take place when DFSP are scheduled and expected to enter the site

Pets

- One animal is permitted to accompany the DFSP on a Community Walk with the resident
- The animal must be well (i.e. not displaying signs of illness such as diarrhea or vomiting) and not come from a household with a high risk of unknown exposure to COVID-19
- Currently no pets are permitted indoors – pets must remain outdoors while a DFSP enters the site to pick up or return a resident before/after the Community Walk

Location

- DFSP may support residents to spend time outdoors in designated common areas on-site or Community Walks beyond the property
- DFSP and residents must remain outdoors at all times during the Community Walk off the property and are not permitted to visit or enter any other facility or establishment nor go on a car ride

Personal Protective Equipment

- Visitors must wear masks provided by the site in indoor common areas (i.e. when escorting residents to/from their room and the site entrance)
- DFSP must wear masks provided by the site continuously during Community Walks, even though the activity is outdoors, due the close proximity required to support residents

Safe Physical Touch

- Safe physical touch is expected to support residents during Community Walks and is only permitted while wearing masks and practicing hand hygiene. DFSP are expected to assess their risk to determine if a Community Walk is appropriate (refer to BSF *Safe Visiting Policy and Practice Guidelines* for Safe Physical Touch and Risk Assessment guidelines)
- **Low risk** visitors may engage in safe physical touch with resident
- **Medium risk** visitors may engage in safe physical touch if resident accepts the risk
- **High risk** visitors are not recommended physical touch unless providing direct resident care and wearing PPE
- Stop close contact and inform staff if residents/visitors become symptomatic

Community Walk Check List & Procedures

Before Your Visit:

- Check that the resident or legal agent has designated you as a visitor for indoor visits. Ensure the designated family/support person(s) has been confirmed with reception at least 48 hours prior to first visitation.
- Speak with the resident about the date/time they would like you to come.
- Notify reception of your upcoming visit or your standing visit schedule preferably 48-hours in advance, but at least 24-hours in advance of visiting. If you have a standing schedule you do not need to confirm every visit once the schedule is in place. If you do not have a standing schedule confirmed with the Manor, or you plan to visit at an alternate time outside of your confirmed standing schedule, notify the Manor at least 24 hours prior to visit.
- Ensure you have read and are familiar with the BSF *Safe Visiting Policy* and *Practice Guidelines*.

On the Day of Your Visit:

- Assess your health to ensure you are feeling well and not experiencing any symptoms (fever, cough, shortness of breath, sore throat, runny nose, generally feeling unwell).
- Review and understand the 'Risk of Unknown Exposure' to you and your loved one.
- Bring a pen to complete the required paperwork, including screening and sign-in/out process.
- Bring photo identification for verification upon reporting for screening.

When You Arrive:

- Complete hand hygiene and sanitize your high touch items and any food containers or other items you are bringing into the site.
- Put on mask provided by BSF and wear mask continuously in all common spaces indoors and continuously during Community Walks outdoors.
- Complete Health Assessment Screening including have your temperature taken.
- Sign-in at the 'Visitor Sign-in Log' including providing contact information (for contact tracing).
- Sign-out and sign-in when leaving and returning from Community Walk.
- Go directly to the resident suite or designated visiting space as directed by staff.
- Remain in the resident suite or designated visiting space for the duration of your visit and do not stop or visit in any common spaces, with the exception of when you are escorting a resident to/from the site exit/entrance if accompanying them outdoors.
- Maintain physical distance of 6 feet from all other residents, staff, and other visitors on-site for the duration of your visit, and from anyone you may encounter while on the Community Walk.
- Complete hand-hygiene often throughout your visit.

When You Leave:

- Complete hand hygiene and continue to wear mask when leaving the resident room or designated visiting area.
- Proceed directly to the exit and do not stop in common areas.
- Sign-out at reception as you exit the building.
- Remove and discard of mask in designated area.
- Complete hand hygiene upon exiting the building.
- Immediately notify the site if any symptoms arise, or if you have close contact with anyone suspected or confirmed to have COVID-19, within 14 days of visiting the site.