


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Rec@Home</i> <i>Sample Monthly Calendar</i>				<b>1</b> 10-11: Seated Exercise 11:15-12:15: April Fool's Day Discussion 1-2: April Fool's Day Hangman 2:15-3:15: Card Bingo
<b>4</b> 10-11: Seated Exercise 11:15-12:15: April IQ 1-2: Entertainment with Hannah 2:15-3:15: Deal or No Deal?	<b>5</b> 10-11: Wheel of Fortune 11:15-12:15: Cranium Crunches 1-2: Fact or Crap? 2:15-3:15: Seated Exercise	<b>6</b> 10-11: Seated Exercise 11:15-12:15: Comparatively Speaking 1-2: Junk Drawer Detective 2:15-3:15: "One Out" Dice Game	<b>7</b> 10-11: Riddle Me This 11:15-12:15: Buzzword 1-2: Timeslips 2:15-3:15: Seated Exercise	<b>8</b> 10-11: Seated Exercise 11:15-12:15: What Am I? 1-2: 5 Senses 2:15-3:15: Are You Smarter Than...
<b>11</b> 10-11: Seated Exercise 11:15-12:15: Cranium Crunches 1-2: "Earthly" Family Feud 2:15-3:15: Name That Tune	<b>12</b> 10-11: Do You Hear What I Hear? 11:15-12:15: Get To Know Eachother 1-2: Seated Exercise 2:15-3:15: Entertainment with Hannah	<b>13</b> 10-11: Seated Exercise 11:15-12:15: Group Crossword 1-2: 50's & 60's True or False? 2:15-3:15: Virtual Tour: Singapore Zoo	<b>14</b> 10-11: Easter Cranium Crunches 11:15-12:15: Acrostic Poem Writing 1-2: "Scrambled Eggs" 2:15-3:15: Seated Exercise	<b>15 NO PROGRAMS</b> 
<b>18</b> 10-11: Seated Exercise 11:15-12:15: Reading Group 1-2: Virtual Trip To The Zoo 2:15-3:15: Worst Case Scenerio Trivia	<b>19</b> 10-11: 5 Second Rule 11:15-12:15: Table Topics 1-2: 7 Part Story Telling 2:15-3:15: Seated Exercise	<b>20</b> 10-11: Seated Exercise 11:15-12:15: Memory Game 1-2: "Earth Day" Jeopardy 2:15-3:15: Unbelievable Places Tour	<b>21</b> 10-11: Which One Doesn't Belong? 11:15-12:15: Entertainment with Hannah 1-2: Armchair Travel to Australia 2:15-3:15: Seated Exercise	<b>22</b> 10-11: Seated Exercise 11:15-12:15: Spot The Difference 1-2: Mad Libs 2:15-3:15: Current Events/Coffee Chat
<b>25</b> 10-11: Seated Exercise 11:15-12:15: Memory Game 1-2: Can You Picture This? 2:15-3:15: Know Your Neighbour	<b>26</b> 10-11: "Picture" The Song 11:15-12:15: Group Crossword 1-2: Brain Changing Benefits of Exercise 2:15-3:15: Seated Exercise	<b>27</b> 10-11: Seated Exercise 11:15-12:15: Scattegories 1-2: Discussion Group: Dementia 2:15-3:15: Trivial Pursuit	<b>28</b> 10-11: Canadian Trivia 11:15-12:15: What's Yours Like? 1-2: Where Are We? 2:15-3:15: Seated Exercise	<b>29</b> 10-11: Entertainment with Hannah 11:15-12:15: Seated Exercise 1-2: Mad Gab 2:15-3:15: "One Out" Dice Game

Please attend your regular program sections virtually through Zoom, when you're able to do so!

We are closed on Friday, April 15th for Good Friday. If any attendees wish to substitute their Friday program section/s with an alternate day next week, please let Sarah know immediately.

